

SKAC253

Monitor and manage the health and welfare of expedition members



Overview

The health and welfare of expedition members is of overriding importance. To safeguard welfare, expedition leaders must be constantly alert to possible threats to health and welfare and be ready to apply agreed policies and procedures to control these threats. Hazards are likely to relate to:

1. protection of children and vulnerable adults
2. health
3. travel
4. food
5. accommodation
6. natural and human environments
7. physical and emotional safety

Leaders should also ensure that expedition members have opportunities for rest, enjoyment, personal space and reflection.

The unit is recommended for Expedition Managers and Leaders.

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Performance criteria

You must be able to:

- P1 make sure you have up-to-date information on relevant health and welfare policies and procedures
- P2 identify potential threats to the health and welfare of expedition members and apply the expedition's health and welfare policies and procedures
- P3 allocate roles and responsibilities for health and welfare to specific individuals
- P4 collect, store and use information about expedition members, environments and other situations, and activities that may be relevant to their health and welfare
- P5 provide opportunities for expedition members to make their health and welfare needs known
- P6 ensure expedition members receive the necessary information and training to maintain their own health and welfare
- P7 monitor the health and welfare of the expedition members and make adjustments as necessary
- P8 seek expert advice and support when necessary
- P9 provide expedition members with opportunities for rest, enjoyment, personal space and reflection

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Knowledge and understanding

You need to know and understand:

General knowledge and understanding

- K1 explain the importance of having and applying policies and procedures for the health and welfare of expedition members
- K2 describe the areas that policies and procedures should cover
- K3 describe an expedition leader's responsibilities for the welfare of colleagues and participants, including:
 - K3.1 health and safety legislation
 - K3.2 protection of children and other vulnerable people
 - K3.3 duty of care
- K4 explain the principles of threat analysis and management
- K5 identify the types of generic health and welfare threats that expedition members may face
- K6 describe the types of generic control measures that are commonly used to manage these threats
- K7 describe how to monitor and evaluate the effectiveness of control measures
- K8 identify the types of new threats that may arise during an expedition
- K9 explain how new threats may be controlled
- K10 identify sources of expert advice and support that can help to control threats to health and welfare
- K11 explain the importance of expedition members having opportunities for rest, enjoyment, personal space and reflection

You need to know and understand:

Industry/sector specific knowledge and understanding

- K12 identify legal and regulatory requirements that cover the types of expeditions you are involved in
- K13 identify specific threats that apply to the types of expeditions in which you are involved
- K14 describe the types of control measures that are used to control these threats

You need to know and understand:

Context specific knowledge and understanding

- K15 describe your own responsibilities for health and welfare and those of others with whom you work

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Additional Information

Skills

Listed below are the main generic 'skills' which need to be applied in this unit. These skills are explicit/implicit in the detailed content of the unit and are listed here as additional information.

1. Information management
2. Communication
3. Training and development
4. Risk analysis
5. Monitoring
6. Reporting

Behaviours

1. You comply with, and ensure others comply with, legal requirements, industry regulations, organisational policies and professional codes
2. You work to develop an atmosphere of professionalism and mutual support
3. You focus personal attention on specific details that are critical to achieving successful results
4. You keep people informed of plans and developments
5. You clearly agree what is expected of others and hold them to account
6. You identify the implications or consequences of a situation
7. You recognise changes in circumstances promptly and adjust plans and activities accordingly
8. You respond quickly to crises and problems with a proposed course of action

Links to other NOS

This unit links to units SKAC254 Develop policies and procedures to manage challenge and risk during an expedition, SKAC255 Dynamically monitor assess and manage challenge and risk during an expedition and SKAC256 Respond to emergencies and major incidents during an expedition in the suite of National Occupational Standards for Expedition Leadership and Management.

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Developed by	SkillsActive
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Relevant occupations	Associate Professionals and Technical Occupations; Leisure, travel and tourism; Sport, leisure and recreation; Sports and Fitness Occupations
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Suite	Expedition Leadership and Management
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